

## CRS Faculty Learning Commons

### Module 1- Forced Migration & Catholic Social Teaching

#### Supplemental Exercises

---

##### INTRODUCTION: STORIES THAT SHAPE OUR LIVES

1. Interview someone who is a recent immigrant, perhaps a member of your family or a friend. What is their story? What led them to migrate and what kind of welcome did they receive when they came here? What is your own family's migration story?
2. You must flee. What do you pack? What would be in your backpack? Compare what your list with others. Watch a 1:50 minute YouTube video *What's in a Refugee's Backpack?* (Published: September 10, 2015) or read *What's in My Bag? What Refugees Bring When They Run for their Lives* (Source: Carry HQ. Published September 16, 2015.) After reflecting on others, do you have any changes to make to your packing list?

<https://www.youtube.com/watch?v=E3xAyLl64H8>

<http://www.carryology.com/bags/whats-in-my-bag-what-refugees-bring-when-they-run-for-their-lives/>